



Russell Lea
PUBLIC SCHOOL



Newsletter

Term 1 Week 9 Friday 25 March 2022

Important Dates

Please refer to our website calendar for a full list of 2022 school dates

March 28
Make Up Photo Day

March 29
Cross Country

March 31
Stage 1 Author Visit
Selective HS Test
Dance Concert

April 4
Harmony Day and
Concert

April 8
Ester Hat Parade
Last day of Term 1.



Gratitude Is Good

For the last two weeks we have been looking for students who have demonstrated the strength of gratitude. Unlike some more common strengths, gratitude is not necessary a quality that people classify as a strength. We admire it when we see it, but we do not always understand how powerful it is for those who have it in abundance.

People who regularly feel and express gratitude for their circumstances often have a deep and authentic positivity about them. They are able to regulate their emotions well and handle difficult situations without developing a crisis response. They sleep better than most and are less likely to suffer from burnout and damaging stress. When you have gratitude for key aspects of your life you develop a sense of hope for the future and are in a better position to bring out the best in others. Sometimes group think can lead to spirals of negativity. Those with a strong sense of gratitude can counter this negativity and bring the focus to the positives of a situation.

As with other focus strengths, it is important to recognise the strength of gratitude in your children when they demonstrate it. Doing this will help them understand this strength and how it improves their outlook and capacity to be successful.

Dan Sprange
Principal

RLPS Students and Environmental Education

The story of the Godwit is an amazing one. This little (0.5kg) bird flies from Alaska to the shores near Russell Lea and back each year. Most individuals complete this 22,000km return trip over 20 times in their lifetime. Like all migratory birds their existence is dependent on the availability of food in the summer months. As stable pollution and predator free habitats are critical to the Godwit's survival, community education is important. In 2020 Canada Bay Council asked RLPS students to assist with this education. The result was information boards which included artworks completed by students. These information boards have been installed and the artworks displayed on the Bay Run. We thank council for involving RLPS and congratulate Grace, Jasmine, Dylan and Georgia for having their artworks used in this way.



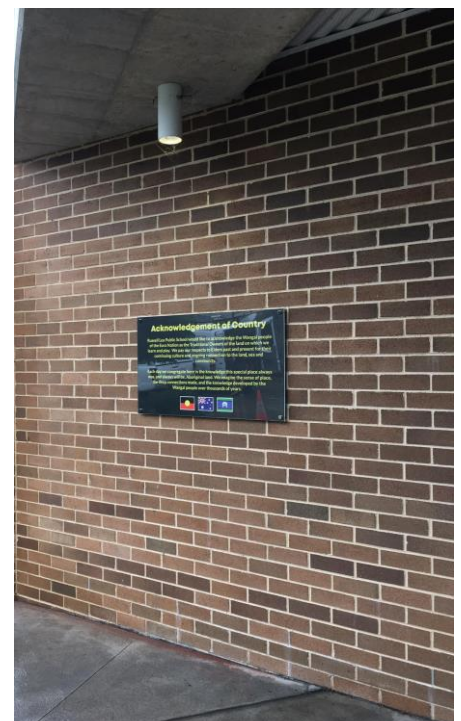
Historic Sydney

Our teachers have been quick to take advantage of the removal of external activity restrictions and have organised many excursions. Last week Stage 3 went on a tour of The Rocks to understand about early settlement around Sydney Cove. Thank you to the Stage 3 team for organising this excursion, especially Ms Lee who led students on the day.



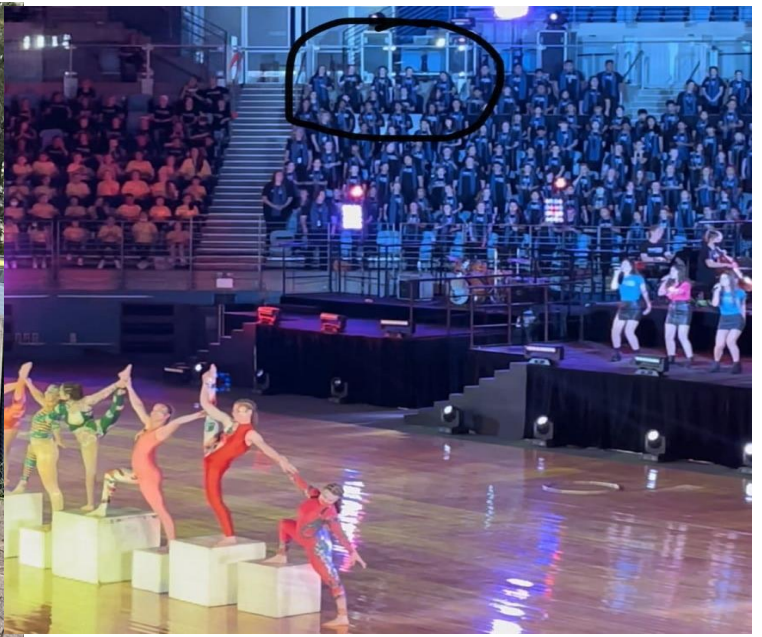
We Live And Learn On Wangal Land

If you have not had a chance to read our Acknowledgement of Country please take the time to do so. The sign is located on the left after you enter the main gate. Our school stands on the land of the Wangal people and acknowledgement of this is an important part of reconciliation and the ongoing recognition of Aboriginal people. We thank our P&C for working to achieve this acknowledgement.



Pulse Alive

After a long period of COVID restrictions and no opportunities to perform, our choir were incredibly happy to be part of Pulse Alive last week. Students and teachers practised for many weeks to be part of the event. We are so proud of their dedication and love of performance. Thank you to everyone who made it happen including Mr Lye, Ms Mynett and Mrs G.



SCHOOL HOLIDAY WORKSHOPS!

bricks
4 kidz



An **EXTRAORDINARY** experience for kids!

- * **Galaxy Far Away** (inspired by Star Wars™!)
- * **Superheroes & Ninjas**
- * **Learn to Code with LEGO® Robotics**
- * **Wizards & Witchcraft** (inspired by *Harry Potter*!)
- * **Mining & Crafting** (inspired by MineCraft™!)
- * **Remote Control Mania**
- * **Pocket Brick Monsters** (inspired by Pokémon™!)
- * **And MORE!**



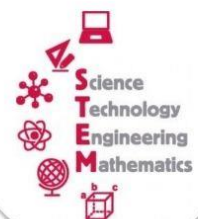
BOOK NOW!

☎ 0410 410 130

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🌐 bricks4kidz.com/sydney-inner-west/

3 Easter Locations
ASHFIELD BALMAIN
OLYMPIC PARK
April 2022



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AUTUMN DRAMA CAMPS

KIDS NEED TO PLAY

Play The Drama Scene Way These Holidays!



Take Off With Drama Scene!

DRAMA GAMES
PROP & COSTUME MAKING
IMPROVISATION & PLAYS



20 APRIL RYDE - St Charles Ryde School Hall

21 APRIL PETERSHAM - Taverners Hill Infants



KINDERGARTEN up to YEAR 7

Before Care from 7.30am Workshop 9.00am - 4.00pm After Care until 6.00pm

www.dramascene.com.au

ASK QUESTIONS 0407 235 914



NO ONE DOES IT LIKE



SUPER CAMP IS BACK FOR THE APRIL SCHOOL HOLIDAYS!



Monday 11th & Tuesday 12th April
Tuesday 19th & Wednesday 20th April
Thursday 21st & Friday 22nd April

Concord High School
Domremy College (Five Dock)
Concord High School

Time: 8:30am to 3:30pm daily

Age: Kindy – Year 6

Cost: \$125 per 2-day Camp or only \$25 with your Creative Kids Voucher
Every NEW Camper receives a FREE Motiv8sports Jersey & Hat



Our 2-Day SUPER CAMP is a sports and creative festival designed just for kids. Super Camp is an energetic mix of sport, music, street culture, art and dance mashed up to create the ultimate atmosphere for kids who love having fun and expressing themselves. Like all Motiv8sports events, there will be crazy competitions, prize give-aways and non-stop entertainment.

All Motiv8sports Campers are treated like rock stars and our safety/supervision is second to none. We take energy and maximum participation to a new level with our innovative array of sports & activities. We focus on effort and attitude over ability. Children who attend Motiv8sports Camps learn about teamwork & sportsmanship in an environment fuelled by great leadership and constant motiv8tion.

Limited tickets are available and will sell out, so please be quick!

Cheers, Coach Andrew | 0413 881 090

To Book:

Download the Motiv8sports App & click on Inner West location, or

Visit our website: <https://motiv8sports.com.au/locations/inner-west/events/>

*"I haven't seen kids having that
much fun in a long time!"
Mr Victor Newby
(Principal, Concord High School)*



Concord High School's High Potential and Gifted Education Program



Applications now open for 2023

HOW TO APPLY?

1. Go to Concord High School's HPGE website and follow the prompts.
2. Complete the online Google Form linked by April 4th, 2022.
3. Upload your child's 'What Matters' video.
4. Upload relevant documentation outlined on site.
5. Correspondence will be made by April 8th 2022

**Applications close
Monday 4th April, 5pm**



For more information, go to the Concord High School HPGE website.

SYDNEY DANCE COMPANY



Young dancers can have fun, develop their dance skills and be taught by the best in the industry at Sydney Dance Company's [Autumn School Holiday Workshops](#), from 11-22 April!

Choose from the following streams for dancers aged 8-11, 12-14 and 15-18:

- Beginner Dance (8-11 only)
- Contemporary & Ballet
- Commercial Dance

This autumn we also have a Pre-Professional Year Masterclass for senior experienced dancers aged 15-18, providing classes in technique and improvisation, as well an insight into Sydney Dance Company's Pre-Professional Year program with a Q&A session.

[Book online](#) at sydneydancecompany.com as places are filling fast!

BOOK MORE AND SAVE!

Book two consecutive Contemporary & Ballet and Commercial Dance workshops in one week and get a 10% discount! Use code B2B10 at the checkout.

Creative Kids Voucher

You can also claim a \$100 Creative Kids voucher towards the cost of the workshop.

Russell Lea – Vacation Care Program

Term 1 – April 2022

Mon 11/4/2022 – Fri 22/4/2022

Location:

Weldon

Lithgow Street

Russell Lea

Open: 8.00am - Close: 5.00pm

For more information contact:

Director: Helen Mantokas

Email: rlmcs@weldon.com.au

Phone: 0437 769 929

Coordinator: Helen Mantokas

BOOKING AND PAYMENT INFORMATION

- Payments for all bookings will be processed through iPay, 1 week in advance to allow all bookings to be paid for prior to attendance.
- All Before School Care and After School Care fees must be paid in full **by Friday 1st April 2022**
- Any new family (new to Weldon) enrolling will be charged a **\$69 administration fee.**
- Early Bird Closing Date | **Friday 25th March 2022.**

WELDON T-SHIRTS & FLEECY:

If you wish to purchase a Weldon t-shirt or fleecy for your child, one can be purchased by clicking on:


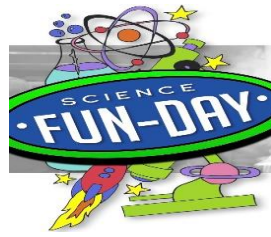


[Click Here to purchase your vacation care uniform](#)

NOTE:

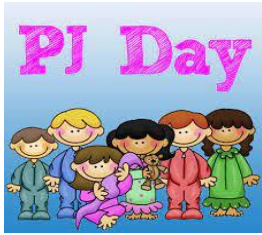
If a child is not wearing a Weldon t-shirt or Fleecy on the day of an excursion, a new shirt will be provided, and your account will be charged.

- T-shirts are \$17
- Fleecy's are \$27

Wk1 - Monday 11 th April 2022	Wk1 - Tuesday 12 th April 2022	Wk 1- Wednesday 13 th April 2022	Wk 1 - Thursday 14 th April 2022	Wk 1 - Friday 15 th April 2022
				Good Friday Public Holiday
“The Ultimate Family Entertainment Centre”	“Fantastic Sports”	“Sydney Zoo”	“Scooter and Bike Day”	Program closed
Activity: Triple your fun and explore all levels of the challenging obstacle course with your friends! Come along and power through the trampoline zone, climbing wall and giant slide! <i>(Waiver will need to be signed prior to attending the day. Please see attached)</i>	Activity: The team from Murphy Sports will run you off your feet. Bring your energy to play a variety of sports such as Oz tag, touch footy, Relays and much more! A fun day for all to enjoy!	Activity: Come join us at Sydney Zoo where children will encounter many different Australian animals. Children can engage in feeding and holding the animals, learning new and exciting facts.	Activity: Children will have the opportunity to bring along their bikes or scooters and enjoy a fun day riding at the program with many exciting outdoor activities and challenges! <i>Please ensure your children bring along their helmets and any safety gear.</i>	
<i>Breakfast, lunch & snacks included</i>	<i>Breakfast, lunch & snacks included</i>	<i>Breakfast, lunch & snacks included</i>	<i>Breakfast, lunch & snacks included</i>	
Location: 5/1B Redbank Rd, Northmead NSW 2152 (10.30am-12.30pm) Staff ratio: 1:8 Anticipated number of educators: 4 Anticipated number of children: 32	Location: At Program (1.00pm-3.00pm) Staff ratio: 1:15 Anticipated number of educators: 3 Anticipated number of children: 45	Location: 700 Great Western Hwy, Bungarribee NSW 2767 Staff ratio: 1:8 Anticipated number of educators: 5 Anticipated number of children: 40	Location: At program Staff ratio: 1:15 Anticipated number of educators: 3 Anticipated number of children: 45	
EXCURSION Departure: 9.30am Est. Arrival: 1.30pm	ONSITE ACTIVITY	EXCURSION Departure: 9.15am Est. Arrival: 3.00pm	IN HOUSE	
Excursion Risk Assessment: Available for review at the program.	Risk Assessment: Available for review at the program.	Excursion Risk Assessment: Available for review at the program.	Risk Assessment: Available for review at the program.	
What to bring: Weldon shirt, brimmed hat, closed in shoes and a water bottle are required. Spare clothes if needed.	What to bring: Weldon shirt, brimmed hat, closed in shoes and a water bottle are required. Spare clothes if needed.	What to bring: Weldon shirt, brimmed hat, closed in shoes and a water bottle are required. Spare clothes if needed.	What to bring: Weldon shirt, brimmed hat, closed in shoes and a water bottle are required. Spare clothes if needed.	
Early Bird price ends on Friday 25th March 2022				
\$85	\$74	\$85	\$69	
An additional cost of \$10.00 per child, per day will apply to bookings made after Friday 25th March 2022				

Wk 2 - Monday 18 th April 2022	Wk 2- Tuesday 19 th April 2022	Wk 2 - Wednesday 20 th April 2022	Wk 2 - Thursday 21 st April 2022	Wk 2 - Friday 22 nd April 2022
Easter Monday Public Holiday				
PROGRAM CLOSED	“Movies and Lunch at Burwood Park”	“The Great Big Science Show”	“Holey Moley”	“Creative Creations Workshop”
	Activity: Wind down and relax with your friends as we watch one of the latest movies at Burwood Cinemas. Popcorn and drinks are provided. Children will have the opportunity to enjoy a picnic lunch at Burwood Park before the movies.	Activity: Come along and watch the great big science show that will keep you on your toes! A fun day filled with a range of exciting, messy, explosive experiments such as rocket launching, elephants’ toothpaste and much more!	Activity: Come and join the fun at Holey Moley Golf Club, the most unique golf venue you have ever seen! Children will enjoy hours of fun with their friends with activities such as mini golf, karaoke, and pool tables! Can you get a hole in one?	Activity: Come along and get painting! In this workshop, children will learn new artistic skills and step by step techniques to create their own masterpiece. Do you have what it takes to become Weldon’s next Picasso?
	<i>Breakfast, lunch & snacks included</i>	<i>Breakfast, lunch & snacks included</i>	<i>Breakfast, lunch & snacks included</i>	<i>Breakfast, lunch & snacks included</i>
	Location: Burwood Park for lunch, Burwood Event Cinemas - 1pm session Staff ratio: 1:8 Anticipated number of educators: 4 Anticipated number of children: 32	Location: At Program (10.00am-11.00am) Staff ratio: 1:15 Anticipated number of educators: 3 Anticipated number of children: 45	Location: Building G, Bakehouse Quarter, 5 George St, North Strathfield (12.30pm-1.30pm) Staff ratio: 1:8 Anticipated number of educators: 4 Anticipated number of children: 32	Location: At Program (9.30pm-12.00pm) Staff ratio: 1:15 Anticipated number of educators: 3 Anticipated number of children: 40
	EXCURSION Departure: 11.00am Est. Arrival: 3.15pm	ONSITE ACTIVITY	EXCURSION Departure: 12.00pm Est. Arrival: 2.00pm	ONSITE ACTIVITY
	Excursion Risk Assessment: Available for review at the program.	Risk Assessment: Available for review at the program.	Excursion Risk Assessment: Available for review at the program.	Risk Assessment: Available for review at the program.
	What to bring: Weldon shirt, brimmed hat, closed in shoes and a water bottle are required. Spare clothes if needed.	What to bring: Weldon shirt, brimmed hat, closed in shoes and a water bottle are required. Spare clothes if needed.	What to bring: Weldon shirt, brimmed hat, closed in shoes and a water bottle are required. Spare clothes if needed.	What to bring: Weldon shirt, brimmed hat, closed in shoes and a water bottle are required. Spare clothes if needed.
Early Bird price ends on Friday 25th March 2022				
	\$79	\$79	\$81	\$79
An additional cost of \$10.00 per child, per day will apply to bookings made after Friday 25th March 2022				

Monday	Tuesday	Wednesday	Thursday	Friday
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25 th April 2022	26 th April 2022 (Pupil Free Day)	27 th April 2022	28 th April 2022	29 th April 2022
Anzac Day Public Holiday		Children return to school	Children return to school	Children return to school
Program Closed	"Pyjama and Movie Day"			
Activity:	Activity: Come along wearing your favourite pyjamas as we watch a movie and enjoy delicious popcorn! Children will have the opportunity to engage in fun and exciting outdoor activities and challenges throughout the day.			
	<i>Breakfast, lunch & snacks included</i>			
	Location: At Program Staff ratio: 1:15 Anticipated number of educators: 2 Anticipated number of children: 30			
	IN HOUSE			
	Risk Assessment: Available for review at the program.			
	What to bring: Weldon shirt, brimmed hat, closed in shoes and a water bottle are required. Spare clothes if needed.			
	Early Bird price ends on Friday 25th March 2022			
	\$69			
An additional cost of \$10.00 per child, per day will apply to bookings made after Friday 25 th March 2022				