

Newsletter

Term 2 Week 6 Friday 28 May 2021

Important Dates

Please refer to our website calendar for a full list of 2021 school dates

June 1

K-2 Assembly

June 2

Open Day

June 8

3-6 Assembly

June 14

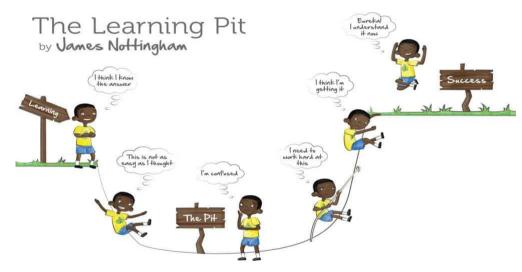
Queens Birthday Public Holiday

June 21

Stage 1 Zoo Excursion

June 25

Last day Term 2



The Learning Pit

When we are learning something new, we often go through stages of confusion as we challenge ourselves and try to achieve our learning goals. If we don't experience these feelings, we are probably not stretching ourselves far enough. Good learners learn not to doubt themselves when learning becomes difficult. They accept that confusion is part of learning and believe that with perseverance they will get through. Those who have strong 'challenge capacity' are able to achieve more than those who limit their effort when faced with the possibility of failure. To help students understand these ideas we talk to them about The Learning Pit. This concept (as illustrated above) provides students with the reality of the learning process. Confusion is recognised as part of the process rather than a sign of failure. As students become more comfortable with periods of confusion, they become less fearful of failure and more likely to believe they can 'hard work' their way to better understanding. When your child is struggling with learning take the opportunity to talk about the learning pit and help them 'hard work' their way through the confusion.

Dan Sprange **Principal**

Stage 3 Camp

It is a tradition for Stage 3 students in NSW to do a trip to Canberra every second year. RLPS went this week and were provided with many fun, educational and inspiring experiences. Camp is often the first-time students spend a couple of nights away from family. This is an important milestone for students and their parents. We thank students for representing our school well in our nations capital and the supervising teachers - who will be very tired after completing a continuous 60 hour shift.













K-2 Asseembly

We held our first assembly for 2021 in Week 5 and it was very well run and attended. Please be reminded the assembly schedule is accessible via the school webpage calendar as well as below. Parents are encouraged to attend the K-2 and 3-6 assemblies, especially if your child's class is hosting.

Week	Assembly type	Host	Parent attendance	
4	Whole School	Student Leaders	No	
5	K-2	1/2D	Yes	
7	K-2	1/2MY	Yes	
8	3-6	Stage 3	Yes	
9	Whole School	Student Leaders	No	

Term 3

Week	Assembly type	Host	Parent attendance	
1	Whole School	Student Leaders	No	
2	K-2	1/2M	Yes	
4	3-6	Stage 3	Yes	
6	K-2	1/2P	Yes	
8	3-6	3/4T	Yes	
10	Whole School	Student leaders	No	

Term 4

Week	Assembly type	Host	Parent attendance	
1	Whole School	Student Leaders	No	
2	K-2	1/2N	Yes	
4	3-6	3/45	Yes	
6	K-2	Kindergarten	Yes	
8	3-6	3/4A	Yes	
10	Whole School	Student Leaders	No	



Supervision Hours

We provide supervision for students before school from 9am each morning. Please do not send your child to school before this time. If your child arrives a couple of minutes before 9am they should wait next to the white interactive wall opposite the office until supervision starts. OOSH operates in the playground each morning so students who are not enrolled must not play in this space before 9am.

National Simultaneous Storytime ... From space!



Wednesday 19 May 2021 www.alia.org.au/nss



National Simultaneous Storytime 2021

This week, students at Russell Lea Public School went on an intergalactic adventure and participated in National Simultaneous Storytime. This event is held annually across Australia and New Zealand, and each year a picture book written and illustrated by an Australian author is selected to be read. This year's picture book was *Give me some Space!* by Phillip Bunting, and was read by NASA Astronaut, Dr Shannon Walker, from the International Space Station. The aim of the event is to promote the value of reading and literacy through an Australian children's book that addresses key learning areas of the curriculum.

Here is what some of our students had to say about this year's book...

"My favourite part was looking at all the planets! I liked when the girl came back to earth." Emily Button-Kwan (KR)

"I liked the way the book described the world and gave information about all the different planets." Travis Hunt (1/2D)

"I really enjoyed how the lady read the story to us. She explained the pictures and her thoughts about the story as she read it." April Horton (3/4A)

"It was a good book. I like that when you read it you can feel the sense of imagination and that you can do anything if you put your mind to it." Adam McKay (5/6C)

We thank everyone for their enthusiastic participation!













Allergy Awareness Week

This week is Allergy Awareness Week. As we have many students with various allergies teachers will be raising awareness of the key ideas noted below. In order to support awareness of allergies we are encouraging parents to post allergen free recipes on our FaceBook page. Please message us your recipe in text or photo formats and we will post them for others to use and share.



KNOW THE FACTS

- With one in 10 children developing an allergy before their first birthday, Australia has one of the highest rates of food allergies in the world.
- For many, managing severe allergies doesn't stop when you grow up. Individuals in their teens and 20's are at the greatest risk of an allergic reaction.
- Over half a million Aussies have a diagnosed food allergy and research shows this number is growing.
- Whilst 90% of food allergic reactions are caused by 10 foods, there are more than 170 foods known to be triggers. Bananas, kiwi fruit, mustard and celery just to name a few!





KNOW WHAT TO DO

- Do you know the signs and symptoms of an allergic reaction? It's surprising how many Aussies don't. Educate yourself and others with this video during Food Allergy Week.
- We've all been guilty of a self-diagnosis on the Internet. But if you suspect you have a food allergy, it's important to consult your general practitioner (GP).
- Do you have a family or friend with a food allergy? Make sure you know when and how to administer their adrenaline (epinephrine) autoinjector.
- Be careful, not fearful. Allergies can be life threatening but there are a number of strategies you can put in place to help reduce the risk of a reaction. Learn how to manage your allergy here.

SCHOOL ZONE OFFENCES WHAT ARE YOU RISKING?



Children are small, harder to see, behave unpredictably and are extremely vulnerable. They need YOU to take extra care when driving and parking around school zones.



No Parking

You have 2 minutes to drop-off or pick-up and must stay within 3 metres of your vehicle.



Pedestrian Crossings

Driveways

Do not stop on or

across a driveway.

Do not stop on or near a marked crossing.



No Stopping

Under no circumstances are you permitted to stop on a length of road to which a No Stopping Sign applies.



Lane Filtering /Overtaking

Motorcyclists must not overtake or lane-filter in an active school zone.



\$183



Bus Zone

You must not stop your vehicle in a Bus Zone unless you are driving a public bus.





Mobile Phone Use

Do not use a hand held mobile phone while driving.



\$3740

Speeding Offences

The fines and demerit points for speeding



offences in school zones have been increased.



Double Parking

Do not double park in a school zone.



Footpath and Nature Strip

Do not stop on a footpath or nature strip.



*Fines current as of July 2017. Fines and demerit points are subject to change.



Traffic Management

On a regular basis local residents raise concerns with the school about the parking behaviour of parents. Of particular concern is Lithgow street at pick up time.

It has been reported and observed that parents are sometimes parking across driveways and encouraging students to enter vehicles which are double parked.

Please be aware many standard traffic offenses carry additional penalties when they occur in school zones at pick up or drop off. Double parking is \$349 fine and the loss of 2 demerit points. Parking in a no stopping area incurs the same penalty.

The easiest way to avoid risking a fine or the safety of students is to park in a neighboring street and have a short walk to school. Many of our parents choose to do this and park in Barnstaple or Brent Street at pick up time.

We thank you for cooperating with us and encourage you to take an active role in this matter.



Open Day Schedule

Welcome

(9.30-10.30 in School Hall)

Greeting

Acknowledgment of Country Kindergarten Performance Principal 's Address P&C President Address Dance Performance

Learning @ RLPS

(10.30 - 11.30 in classrooms)

Experience learning at RLPS by taking a tour of each stage with our student leader guides. Each stage will share the following with you:

Kindergarten

Our youngest students will demonstrate their reading through literacy games and book reading.

Stage I (Years 1/2)

Students will demonstrate how they develop literacy skills through various games.

Stage 2 (Years 3/4)

Test your comprehension skills and imagination by responding artistically to student descriptive writing.

Stage 3 (Years 5/6)

Test yourself against our 5th graders in the RLPS 'Are you smarter than a firth grader' competition.

(11.30 - 12.00 in activity spaces)

Our students enjoy many extra-curricular opportunities including dance, choir, drama, interschool sport, art and yoga. Today you have the opportunity to see how these programs work and meet the teachers.

Chess (In stage 3 rooms on level 2)

Watch our students hone their chess moves and challenge them to a game (if you are game).

Yoga (In the cloud play space on level 2)

Watch as students learn to focus the mind and body in the RLPS Cloud space.

Art Club (Art room opposite library on level 1)

Chat to professional artist and teacher Ebony Russell about the many ways in which students express their creativity in her classes.

Positive Psychology In the library on level 2

Learn about how we use a strengths based approach to promote positive wellbeing.

From 12pm please join us in The Orchard (top playground) for cake and an opportunity for informal discussion with staff. Our Year 6 students are providing cakes as part of their fundraising program (donations are most welcome).





City of **Canada Bay**











20B Barnstaple Rd Five Dock

Five Dock Park Tennis Centre 🖒 Like 🚮



Jeff Viskovich Tennis School

Tennis Australia Qualified and Certified Coaching



Junior Development Program

Tennis Coaching



Directed by a certified club professional coach

2021

After School Term 3 classes

Starting Monday 12th July through Friday 16th

Saturday Morning classes

Starting 17th July All classes 1 hour per week for 10 weeks Max 7 per group Cost \$180 ind.GST

ANZ Tennis Hot shots Free T-Shirt

- Children 5-16 years of age
- Beginners to Advanced players
- Training squads for competition players

For booking and enquires please contact Jeff Viskovich 0408 169 543

jeffviskovich@gmail.com

2021

Winter Holiday Camps

Camp 1 June 28th to July 2nd

Camp 2 July 5th to 9th

All camps

(Monday to Friday) 9am - 1pm \$200 per child (\$40 per day) Incl.GST

Private lessons available

\$40 - 1/2 hr, \$80 - 1 hr

For Children and Adults, all standards and ages

Court hire \$22/hr, \$24 with lights

All prices inclusive GST

All programs under the direction of Jeff Viskovich Former world ranked Australian and overseas touring player Tennis Australia club professional coach

(Any classes cancelled due to rain, can be made up on another day)

TENNIS COACHING ENROLMENT FORM

Please complete and mail	to: PO Box 34	423 Wareemba NSW	<mark>2046</mark> or Email	: jeffviskovich	@gmail.com
Child's name:		Age:	Date of E	3irth:	
Address:				Postc	ode:
Phone: Home	Work/Mo	bileE	mail address		
Parent's Name:		School att	ending:		
Ability level (approx):	Beginner	□ Advanced Begin	ner 🗆 Int	ermediate	□ Advanced
Prefered days and times:					