

*Russell Lea*  
PUBLIC SCHOOL



## Newsletter

Term 3 Week 10 Friday 25 September 2020

## Important Dates

Please refer to our website  
calendar for a full list of 2020  
school dates

October 12

First day of Term 4

December 16

Last day of Term 4

## PBL Showcase

A strategic focus for RLPS is Future Focused Learning. This approach values student capacity to apply deep understanding in creative and innovative ways. It also asks students to work with others to achieve something which is better than they could of achieved alone. This term students in Stage 3 wrote and illustrated picture books about a range of issues which they value. Using a range of literary techniques they put together engaging texts to share with other students. Each group presented their book to students in a showcase event on Thursday.

Dan Sprange  
Principal





## Gardening Club

Our Gardening Club is making the most of the warmer weather. Students have planted new vegetables and marigolds to control bugs. Our new compost bin has been set up students are learning how to turn scraps into productive garden materials. The process of planting and nurturing plants helps students understand how much care goes into the food we eat every day. This understanding allows them to appreciate food and in many cases enjoy eating vegetables!





## Like Us On FaceBook

RLPS now has a FaceBook page. To find us use the link below or simply do a search to find us. Like our page to keep up to date with school activities, events and information to support student learning. You can also follow our Twitter feed @russellleaps

<https://www.facebook.com/OfficialRussellLeaPublicSchool>



## Our Local Star

Our students have many talents and it is always good to hear about their success in the world beyond school. Ava is a talented actress who has performed in many advertisements, shows and movies. Her latest movie role gave her some wonderful opportunities to work with highly regarded performers and experience remote locations in Western Australia. This is what Ava tells us about her latest movie *Dirt Music* (based on the Tim Winton book).

In 2018 I was lucky enough to spend 5 weeks filming *Dirt Music* in Western Australia. I travelled up to the Dampier Peninsula, Perth and then down to Esperance. I got to visit lots of Sacred Aboriginal land. The scenery was amazing! I also loved spending time with all my new friends on set. It was the best time ever!





# National Dot Day

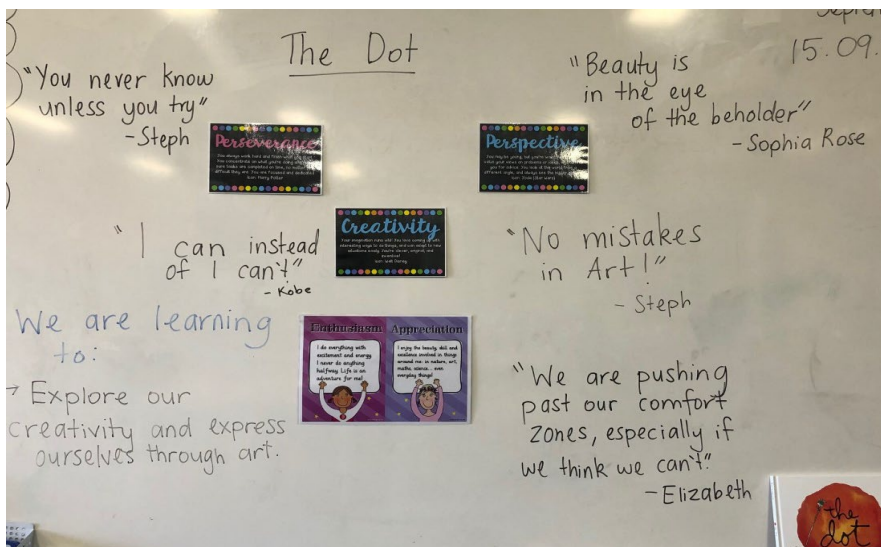
By Willow and Elizabeth 3/4S

On Tuesday September 15th, Stage 2 celebrated National Dot Day which celebrates the book, The Dot by Peter H. Reynolds.

The Dot focuses on a girl named Vashti, who is a reluctant artist and her art teacher who encourages her in a subtle way to make the most beautiful Dot artworks. At the end, Vashti was able to display her artworks in her school's art show and inspire another student to become an artist.

For Dot Day, we reflected on the times we encouraged others and others encouraged us, and the emotions we felt when it happened. We came up with inspirational quotes and character strengths that Vashti and her teacher showed in the book. After our discussion we designed and created our own dots. This helped us to explore our creativity and express ourselves through our artworks. There were no rules for this project and everyone had some amazing dots which made all dots unique to the creator. When we were done, we were able to walk around and appreciate each other's master pieces.

The Dot teaches us to push past our comfort zones and persist when doing tasks we think we aren't good at which is a great skill to have. We enjoyed letting our imagination run wild while having a fun art session!



### Student Writing

This week we were lucky enough to read this engaging short story by Summer Le. Summer loves writing and the creative opportunity it provides. She named the story *Imagination* and noted she enjoyed being able to use adjectives to stir up vivid picture in the readers mind. It is clear she has done this very well as it is a delight to read and the reader feels very immersed in each setting. Our librarian Ms Stewart-Slaats loved it so much she read it to her students. Well done Summer and thank you for sharing.

## IMAGINATION

One murky and arctic winter evening, as the stars began to twinkle, my mum asked me to go to the chemist for some panadol. Ughh... how I hated going! Why does she always pick me on a dim evening when my thoughts go crazy? With a roll of my eyes I cautiously opened the door. Peeping over my shoulder, I said "Bye," to the fireplace inside calling me to stay. With a long sigh and a slight sense of courage, I decided it was now or never- but what dangers awaited me?

When I eventually arrived at the chemist, Mr Wade beamed, "Lucky you, Daisy. I was just about to finish." As he turned to ring up, I noticed an awesome puzzle. No sooner had I got to the rap when the lights went dark- row- by- row- by- row. I stopped frozen... but what happened to Mr Wade? Like a ball of lightning, it struck me! He had gone already and I was all alone- alone- alone in the darkness. Dashing out the emergency exit, I realised I had to take another route to get home faster.

The iron gate to the pool moaned as I snuck inside; The door to my imagination broke open as I snuck inside. A full- moon hung menacingly, lighting up the evil stalking me: eerie aliens, deadly vampires, horrifying ghosts- all guarded by the nastiest of arachnids staring from shadows. The sharp limbs of twisted trees sliced at my hair as I fell and I tripped and I stumbled between foul garbage and discarded junk. Shaking and panting, I just missed a petrifying murder, following and leering in the deadly night. Screams of silence spun in my mind, a discard of noise sealed in a cell of sadness. Diving ahead, I reached for the gate and shot, like a bullet from a gun, right out of there!

As I stumbled straight towards my home, I was relieved to see my mother standing anxiously in the walkway. "Where did you go? What took you so long? I was so worried. That's the last time I send you out at five o' clock in the evening!" "That's the last time I let my imagination run free in the pool," I whispered. Panic released its grip on me, allowing me to relax again. More relaxed, my imagination and I strolled in the door to comfort, safety and our next adventure...

By Summer Le



### Inter-House Sports Day

Due to COVID-19 restrictions we had to cancel our Athletics Carnival this year. Given this teachers organized an Inter-House Sports Day to give students a chance to compete for their house and test their skills against other students. Students participated in fun and competitive events including sack races, parachute and sprint running events. The day finished with 3-6 students playing a Newcombe Ball knockout competition. This gave our K-2 students a chance to experience the fun, respectful and competitive way in which students represent their house. After the full day of competition it was Waratah who won the event. Well done Waratah

Waratah	183 points
Banksia	170 points
Bluegum	160 points
Wattle	147 points













## Lunchtime Yoga & Relaxation Classes

### WEDNESDAY LUNCHTIMES

4 WEEKS | \$40

8 WEEKS | \$80



### CLASSES COMMENCE WEEK 2 OF TERM

Our classes get kids moving, building their fitness, flexibility and co-ordination through age appropriate yoga. We also introduce them to important breathing exercises to encourage calmness and self regulation, building their ability to deal with stress and anxiety. These techniques are also extremely beneficial for children who battle with sleep!



For bookings and more information  
visit [wellstreet.com.au](http://wellstreet.com.au)

## CONGRATULATIONS!

As term 3 draws to a close TSA wishes to congratulate the amazing student musicians who have been 'keeping the music alive' at school during these crazy times.

Whilst we have not had the chance to showcase your wonderful talents on the stage, we want you all to know that you have blown us away with your resilience and creativity. *You should be very proud!*

A massive thankyou must also go to your teachers, parents and the whole school community who have helped support you through these times.

We look forward to seeing you all next term!







e: leichhardtswimmingclub@gmail.com  
w: leichhardt.swimming.org.au  
p: 0439 981821 (secretary Ralph Hall)

## 2020 / 2021 SEASON INFORMATION

### About the Club

Leichhardt Swimming Club was formed in 1962 shortly after the pool was first opened and has operated continually since then. It provides an opportunity for swimmers of all ages and ability levels to participate in swimming events for enjoyment, fitness or competition. We currently have competitive swimmers from age 4 through to a sprightly 79.

### Saturday Morning Races

Club race meets are held at LPAC each Saturday morning from 7:30 to 9:00, from October through to March. Races are held over 15, 25 & 50 metres, plus the longer distance special races. A swimmer can swim in three races per meet, usually a freestyle sprint, a form stroke (butterfly, backstroke or breaststroke), and a longer race.

For the younger swimmers, they can start with the 15 metre races and as they improve, step up to the 25 metre & then 50 metre races. A helper / guide can be in the water with swimmer in the 15 metre races to provide support.

The goal for the Saturday morning races is to improve your personal best time ie do a PB and obtain points for doing so. The more you beat your PB, the more points you get. At the end of the season, the boy & girl with the most points are the club's point score champions & win the prestigious Stephen Nesbitt Memorial Trophy.

Entries for the races are done online. More information will be provided when you sign up or renew your membership

### Club Championships

At season end, the club runs its championship carnival. Unlike the Saturday Morning races, these races are run on an age basis, with the goal to win the race & be crowned club champion for your age event. Overall champions are also crowned, based on results in all events at the carnival.

### External Carnivals

The Club is affiliated with Swimming Metro South East (Metsea) and supports its squad swimmers at Metsea and SNSW external carnivals. All club swimmers can compete at these carnivals, if qualifying times (where applicable) are met.

### Battle On The Bay

Each year, local swimming clubs get together for the Battle on the Bay carnival. Earlier this year, around 300 swimmers from around the area descended on LPAC for the 11<sup>th</sup> Battle. Leichhardt Swimming Club were champions again, keeping the Battle on the Bay trophy. We hope to have the 12<sup>th</sup> Battle on in early 2021.

### Membership

To compete at all meets, you have to be a member of Leichhardt Swimming Club. Membership registration for the 2021/21 season opens in mid September and is done through Swimming NSW's membership portal. This can be accessed via the Leichhardt Swimming Club website. On the home page click on Join Now, which will take you to the membership portal.

Swimming NSW will allow guest swimmers to participate in a club meet on a "try before you buy" basis; you will not earn points or obtain official times (you will be told your unofficial time), but you can see how the meets are run before committing to joining up.

### More Information

Go to the website or contact the Club Secretary – details above.



# SCHOOL HOLIDAY WORKSHOPS!

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- \* Remote Control Mania
- \* Pocket Brick Monsters (inspired by Pokémon™!)
- \* And MORE!



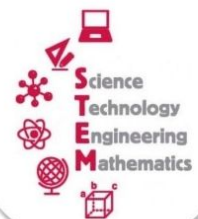
**BOOK NOW!**

☎ 0410 410 130

✉ [sydneyinnerwest@bricks4kidz.com](mailto:sydneyinnerwest@bricks4kidz.com)

🌐 [bricks4kidz.com/sydney-inner-west/](http://bricks4kidz.com/sydney-inner-west/)

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**LEICHHARDT**  
**OLYMPIC PARK**



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# Play Baseball

this Summer

Ages 6 to 18  
girls and boys

with the

## *Five Dock Falcons*

***Registrations open!***

(junior league)

**Season starts October**

Ph: 0439 624 322

***[www.fivedockfalcons.com.au](http://www.fivedockfalcons.com.au)***

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야구

béisbol

野球



# PLAY CRICKET THIS SUMMER WITH CONCORD BRIARS



## ALL AGES WELCOME

Register online NOW at

[www.concordcricket.com.au](http://www.concordcricket.com.au) or [www.playcricket.com.au](http://www.playcricket.com.au)

For further details contact Briars Sports Club during business hours  
on 9743 1907, or email [infocricket@briarssports.com.au](mailto:infocricket@briarssports.com.au)

### REGISTRATION

Registrations close on the 1st of October 2020.







# PCYC Eastern Suburbs School Holidays



**Age: 5-12 YRS**  
**Time: 9AM-3PM**

**\$45 PER DAY, ALL PARTICIPANTS MUST BE PCYC MEMBERS**  
**PCYC EASTERN SUBURBS 26A BUNNERONG ROAD DACEYVILLE**  
**PH: 02 9314 2536**  
**E: EASTERNSUBURBS@PCYCNSW.ORG.AU**

**MONDAY SEPT 28 | Hip Hop | Breakdancing / Arts & Crafts**

**WEDNESDAY SEPT 30 | Basketball | Multi Sports**

**FRIDAY OCT 2 | Judo | Kids Yoga**



**TUESDAY OCT 6 | Soccer | Multi Sports**

**WEDNESDAY OCT 7 | Multi Sports / Arts & Crafts**

**THURSDAY OCT 8 | Basketball | Multi Sports**

**FRIDAY OCT 9 | Skate & Scooter | Multi Sports**



**STRICT HYGIENE AND  
DISTANCING  
MEASURES IN PLACE**



**CHILD REQUIRED TO BRING MORNING TEA, LUNCH  
AND WATER BOTTLE**  
**BOOK NOW ONLINE OR COME INTO PCYC**





# Jeff Viskovich Tennis School

Tennis Australia Qualified and Certified Coaching

## Junior Development Program

## **Tennis Coaching**



Directed by a certified club professional coach

**2020**

### After School Term 4 classes

Starting Monday 12th October  
through Friday 16th

### Saturday Morning classes

Starting 17th October

All classes 1 hour per week for 10 weeks

Max 7 per group **Cost \$180** incl.GST

**ANZ Tennis Hot shots Free T-Shirt**

- Children 5-16 years of age
- Beginners to Advanced players
- Training squads for competition players

**For booking and enquires  
please contact Jeff Viskovich  
0408 169 543**

**[jeffviskovich@gmail.com](mailto:jeffviskovich@gmail.com)**

**2020**

### Spring Holiday Camps

**Camp 1** September 28th to  
October 2nd

**Camp 2** October 5th to 9th

**All camps** ( Monday to Friday ) 9am - 1pm

\$200 per child ( \$40 per Day ) Incl.GST

#### • **Private lessons available**

\$40 - 1/2 hr, \$80 - 1 hr

For Children and Adults,  
all standards and ages

**Court hire \$22/hr, \$24 with lights**

**All prices inclusive GST**

**All programs under the direction of Jeff Viskovich  
Former world ranked Australian and overseas touring player  
Tennis Australia club professional coach**

**( Any classes cancelled due to rain, can be made up on another day )**

### TENNIS COACHING ENROLMENT FORM

Please complete and mail to: **PO Box 3423 Waremba NSW 2046** or Email: **[jeffviskovich@gmail.com](mailto:jeffviskovich@gmail.com)**

Child's name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ Postcode: \_\_\_\_\_

Phone: Home \_\_\_\_\_ Work/Mobile \_\_\_\_\_ Email address \_\_\_\_\_

Parent's Name: \_\_\_\_\_ School attending: \_\_\_\_\_

Ability level (approx): ☐ Beginner ☐ Advanced Beginner ☐ Intermediate ☐ Advanced

Preferred days and times: \_\_\_\_\_